



## Quakers Hill Little Athletics Centre.

### Newsletter

### 2nd Edition 2006/2007 Season

[www.ghlac.com](http://www.ghlac.com)

[info@ghlac.com](mailto:info@ghlac.com)

Ph-0410 271 147

---

### Word from The President-

Welcome back to everyone after the Christmas break, I hope that you all had an enjoyable festive period. Since returning on 12 January we have been busy with the annual Zone Championships on 27/28 January at AH Whaling Reserve, Baulkham Hills which will shortly be followed by the Regional Championships on 17/18 February and the State Championships in early March.

This year's Zone Championship was very successful for Quakers Hill with over 60 athletes competing of which 19 were successful in qualifying for the region. Of those who have qualified for the region, Chris Hayward (U10 Boys) and Elizabeth Tobar (U14 Girls) both qualified in all their 4 events, which is a terrific effort –see more details later in the newsletter.

In addition three of our U7 girls received medallions for finishing in the top 3 of their respective event(s), these girls will be eligible for the region next year when they are in the U8s.

It was very pleasing to see the good sportsmanship of all our athletes who each strived to do their best. In addition I would like to also thank all the parents who helped out with marshalling, canteen, barbeque and other duties on the two days, this help is certainly appreciated.

We have three more running nights to go with our last night 23 February being a fun night. Each age group runs through their normal program but we encourage all the parents to join in and compete alongside their children.

The season finishes with our presentation day on **Sunday 25 March** and I encourage everyone to attend, because every athlete (Tiny Tots through to U15s) who is at the presentation will receive a medallion as recognition for their participation throughout the year – see more details about the location and time later in the newsletter. Please note that this date is a change from that advertised at the start of the season.

A reminder that the QHLAC website is always being updated with important information. Please take some time to check it out.

One final thing the Quakers Hill club is always on the look out for new volunteers to join our committee. If you are interested in helping out please see myself or the

Secretary – Luke Gemmell. We are especially interested in more help during start up and pack up time. We also have some key committee positions which are vacant.

### **Note to Age Managers –**

In addition to the Best In Age and Most Improved Categories for each age group we will be asking for your nominations for the:

- Age Managers Encouragement Award for each age group; and
- Nomination for Spirit of Little As award for the club.

Information and the criteria for the selection of these awards will be made available in Age Managers folders.

### **Championship Officer –**

**The Zone Championships** – Congratulations to all those athletes who competed at Roxborough Park Baulkham Hills. Our club had a healthy representation of approximately 60 children who all competed. Results from the Zone will be available shortly via the Quakers Hill Little Athletics Website.

### **Regional Championship Qualifiers**

Congratulations to all those athletes who qualified to compete in the North West Metropolitan championships at Barton Park, Nth Parramatta on 17-18 February. Please see the website for more details covering the Region program over this weekend.

The following athletes have qualified for the region.

U/8 Boys **Lachlan Davis** - 400M Run 1-23.80  
 U/9 Boys **Corey Butcher** - 400M Run 1-19.11  
 U/10 Boys **Chris Hayward** - Long Jump 3.75; 100M Run 16.37; 200M Run 32.88; 70M Run 11.0  
 U/11 Boys **Ben Elliott** - Shot Put 5.59 and **Blake Wasson** - 100M Run 15.53  
 U/13 Boys **Hardeep Chohan** - 400M Run 1-21.50  
 U/14 Boys **Eduardo Pita** - 800M Run 2-36.34  
 U/15 Boys **Mandeep Chohan** - High Jump 1.47; Triple Jump 10.40 and **Mitch Gaffey** - 200M Run 27.50; 400M Run 1-02.79  
 U/8 Girls **Tyler Sparks** - 100M Run 17.85; 200M Run 37.01; Long Jump 3.12  
 U/9 Girls **Tayla Deverell** - 800M Run 3-18.09  
 U/10 Girls **Dana Pogson** - Discus 16.39 and **Aimee Precious** - 800M Run 3-04.20  
 U/11 Girls **Teagan Burton** - 1500M Run 6-19.40  
 U/12 Girls **Jodie Borg** - Discus 13.31; Shot Put 6.74 and **Amanda Precious** - 800M Run 3-04.98  
 U/13 Girls **Taylah Gaffey** - 400M Run 1-13.37 and **Aurelee Marion** - 100M Run 15.36  
 U/14 Girls **Elizabeth Tobar** - 200M Run 31.09; High Jump 1.25; Long Jump 3.94; 100M Run 14.99

### **Equipment Officer Report –**

Our new multi lane master timing system for the straight track was introduced late last year. After some initial technical hitches it was found that this system will help to provide a more accurate timing system for the children. It will also help to speed up

events on the straight track. In order for this timing system to be utilised on a weekly basis we require a dedicated person to oversee and operate the equipment. Please see Luke Gemmell or Stephen Butcher if you would like to fill the role of 'Straight Track Timekeeper'.

### **General Financial information –**

Our treasurer reports that the club is in a healthy financial position.

### **Training Nights -**

Are held most Wednesday nights from 6:30 to 7:30 pm. Available for all athletes (and parents) from U-6 through to seniors. Please check our website for an updated program. **For Skills, Fitness and Fun.**

### **Presentation Day – Please note change of date.**

Our End of year presentation day has been set for **Sunday 25<sup>th</sup> March 2007 – in the Auditorium of Blacktown RSL with the doors opening from 2.45 pm for a 3.00 pm start.** (Not the 1<sup>st</sup> April as previously advertised).

Regards  
Luke Gemmell  
Secretary  
On behalf of the entire QHLAC Committee.