

April School Holiday Coaching Clinics on the Central Coast

Why spend your school holidays at home bored, when you can be participating in a fun day of running, jumping and throwing, whilst preparing for the school athletics season?

Following a successful clinic tour in 2006, the Little Athletics Association of NSW (LAANSW) will be touring the Central Coast area in April to conduct two all day **School Holiday Coaching Clinics**.

The clinics will be held during the first week of the April School holidays. The Centres that are hosting the clinics are:

Wyong LAC

Date: Wednesday April 16, 2008
Venue: Warnervale Oval, WARNERVALE
Coordinator: Kay Bell
Telephone: 02 4393 5196 or 0411 837 425

Gosford LAC

Date: Thursday April 17, 2008
Venue: Adcock Park No.9, Pacific Highway, WEST GOSFORD
Coordinator: Stuart Farrant
Telephone: 02 4340 4207 or 0404 466 848

The cost for each clinic is only **\$25** or an *'early bird' price of \$20* if application and payment is received by the Clinic Co-ordinator by or before **April 2, 2008**. The closing date is April 9, 2008. HURRY because numbers are limited!

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